



Foundation course

Develop your toolbox and make your Coaching more effective and unique!

The purpose of the Foundation course is to provide Coaches with the skills to use Constellations in one-on-one coaching in different situations: in person – with signposts on the floor or figures on tabletops – and on-line. The course is open to Coaches which have already acquired the basic skills to work with people. The Foundation course is the first step in your learning path with Constellations. For many participants in previous editions, it was an important step in both their personal and professional development. The course is structured as blended program to ensure learning effectiveness. Theory and supervision are managed mostly on-line, while the workshop in presence is mostly dedicated to practice.

Course overview

The course consists of five modules

M1 – The Systemic approach and introduction to Constellations (webinar, 3h)

M2 – The foundations of Constellations: the systemic principles (webinar, 3h)

M3 – The constellation protocol and the applications (workshop in person, 4 days)

- Personal and professional development: decision making, achieve a goal, career planning, increase personal impact, develop personal leadership
- Relationships: improve communications, understanding and collaboration, get better at stakeholder or client management
- Teamwork: improve group dynamics, create a high performance team, value diversity and practise inclusion
- Business: assess strategy or projects, organizational effectiveness, change management

M4 – Supervision of cases presented by participants (webinar, 3h)

M5 – Supervision of cases presented by participants (webinar, 3h)

Meet the trainer: Francesco Pimpinelli



Francesco has been developing and directing The Academy of Constellations since 2013. He is a Professional Certified Coach with ICF and a Professional Certified Counselor, with an extensive expertise in personal development. He has studied Constellations with several teachers including the creator of the method, Bert Hellinger.

He has been working professionally as a Coach and Constellations practitioner for more than twenty years, developing extensive experience in utilizing this method in the business context.

Before dedicating himself to working with people in 2002, he has been in the corporate business world over sixteen years, working as a manager and management consultant for large international organisations.

Francesco currently works as a coach with senior teams and executives in Europe across different industries.



The course follows the ICF guidelines for continuing education and provides you with 40 ICF CCEUs (Continuing Coach Education Units), of which 30 are Core Competencies and 10 are Resource Development.





The dates of this course are:

- Module 1: 30 January 2024; online webinar (h 15:00 – 18:00)
- Module 2: 06 February 2024; online webinar (h 15:00 – 18:00)
- Module 3: 14,15,16,17 February 2024 in-person workshop (h 9:00–18:00, last day ends at 17:00)
- Module 4: 12 March 2024; online webinar (h 15:00 – 18:00)
- Module 5: 16 April 2024; online webinar (h 15:00 – 18:00)



The venue of the in-person workshop is in downtown Milan. Close to the railway station and well connected to the airports by train and by bus.

Spazio Pin, Viale Monte Santo 5, Milano (metro: M3 Repubblica), www.spaziopin.it

Should you be travelling, please arrive the night before training starts.



The investment for the training is 2.400€ (+22% VAT if applicable). Fee do not include lunches, tea breaks, dinners and accommodation.

Premium registration is until 31st August 2023: 25% discount, 1.800€ (+22% vat if applicable)

Early bird registration is until 31st October 2023: 15% discount, 2.040€ (+22% vat if applicable)

Payment: 50% registration date and 50% by three weeks before the start of the training.

The course will be held if there are a minimum of 6 participants registered.

Should you need to work out a payment plan, please contact us.



To make a booking, please complete the online registration form on www.systemalive.com in the Academy of Constellations section.

Once your registration application is received, we will invoice you for payment, which is due upon receipt of invoice.

Your booking will be confirmed on receipt of payment.

The course will be held if there are a minimum of 6 participants registered three weeks before the start of program.

Our cancellation policy:

- until 60 days before the first day of training, your fee will be reimbursed in full (except 100€ for admin costs).
- after 60 days before the first day of training, 100% of the total fee will be charged, however you may attend a future training or indicate a replacement.

Should you miss any of the modules, unfortunately we cannot reimburse you, but you will be able to attend the same module in the future at no extra cost.

The certificate will be provided to participants who have attended all modules.



For any question you might have, please email us at mail@systemalive.com.