



# Groups&Teams course

**Move to the next level in delivering team and group coaching!**

The purpose of the Groups&Teams course is to provide Coaches with the skills to use Constellations in group learning, group coaching and team coaching, using people as elements of the representation.

In addition, when working with groups or intact teams, you can use simpler experiential exercises, which we call Constellation Exercises, based on some of the principles of Constellations. These activities are highly effective for developing self-awareness or stimulating out of the box thinking.

The course is structured as blended program to ensure learning effectiveness. Theory and supervision are managed mostly on-line, while the workshop in presence is mostly dedicated to practice.

The participation to the Foundation course is a prerequisite for attending the Groups&Teams course.

## Course overview

The course consists of three modules:

M1 – Using Constellations in group learning, group coaching and team coaching, (webinar, 3h)

M2 – Using people as elements of the representation (workshop in person, 4 days) in:

- training workshops and learning groups, by using Constellation exercises which incorporate elements of Constellations in an easier and quicker way
- group coaching, where each participant works on his/her own theme with the support of the group
- team coaching, to support an intact team in becoming a high-performance team
- open enrolment workshops, where a Coach can work with a group of private clients who bring their own theme

M3 – Supervision of cases presented by participants (webinar, 3h)





The dates of this course are:

- Module 1: 7 May 2024; online webinar (h 15:00 – 18:00)
- Module 2: 15-16-17-18 May 2024; in-person workshop (h 9:00 – 18:00, last day ends at 17:00)
- Module 3: 18 June 2024; online webinar (h 15:00 – 18:00)



The venue of the in-person workshop is in downtown Milan. Close to the railway station and well connected to the airports by train and by bus.

*Spazio Pin, Viale Monte Santo 5, Milano (metro: M3 Repubblica), [www.spaziopin.it](http://www.spaziopin.it)*

Should you be travelling, please arrive the night before training starts.



The investment for the training is 2.100 € (+22% VAT if applicable).

Fee do not include lunches, tea breaks, dinners and accommodation.

*Early bird registration is until January 15th 2024: 15% discount, 1.785€ (+22% vat if applicable)*

Payment: 50% registration date and 50% by three weeks before the start of the training

Should you need to work out a payment plan, please contact us.



To make a booking, please complete the online registration form on [www.systemalive.com](http://www.systemalive.com) in the Academy of Constellations section.

Once your registration application is received, we will invoice you for payment, which is due upon receipt of invoice.

Your booking will be confirmed on receipt of payment.

The course will be held if there are a minimum of 6 participants registered three weeks before the start of program.

Our cancellation policy:

- until 60 days before the first day of training, your fee will be reimbursed in full (except 100€ for admin costs).
- after 60 days before the first day of training, 100% of the total fee will be charged, however you may attend a future training or indicate a replacement.

Should you miss any of the modules, unfortunately we cannot reimburse you, but you will be able to attend the same module in the future at no extra cost.

The certificate will be provided to participants who have attended all modules.



For any question you might have, please email us at [mail@systemalive.com](mailto:mail@systemalive.com).